Original Research

# The Effect of Waste Plastic on Environmental Degradation: A Corporate Perspective

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# Abstract

We are living in an era where environmental challenges are at their peak, and one of the reasons for such challenges is the use of plastic. Therefore, the key objective of the current study is to test the effect of waste plastic on environmental degradation. This study is empirical in nature, and we use data from the World Bank (World Development Indicators) to testify to the said nexus. This study is conducted particularly in the context of eight (8) Asian countries across ten (10) years. By using multivariate regression models, the statistical results testify that the use of waste plastic leads to environmental degradation. These outcomes are further robustly checked by using multiple proxies for both waste plastic usage and environmental degradation. These results indicate that the use of waste plastics has harmful impacts that are becoming obvious and greatly contribute to environmental deterioration. Moreover, the higher recycling rate helps minimize the consequences of waste plastic. This study significantly contributes to environmental policies and the safety level, particularly with respect to the use of waste plastic.

Keywords: waste plastic, environmental degradation, pollution, recycling, Asian countries

# Introduction

Plastic remains an effective material; therefore, even considering its adverse impact on human health and the environment, many countries are still widely using it, particularly Asian countries [1]. Although studies on the

effects of plastic trash and its monitoring are still in their infancy, the results are unsettling [2]. Therefore, this study will look at the environmental impact of waste plastic and the challenges associated with managing plastic waste.

Despite its benefits, the production and disposal of plastic have severe environmental consequences [3, 4]. Most plastic trash is thrown away in landfills or in the ocean, damaging ecosystems and wildlife [5, 6]. Marine species (e.g., sea turtles, whales, and others) commonly

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get tangled in plastic trash or mistake it for food, which can cause harm or death to them [7, 8]. Furthermore, the disposal of plastic releases toxic chemicals such as lead, phthalates, and cadmium that can scum into soil and groundwater, subsequently contaminating them [9].

Waste plastic has become one of the most significant environmental issues in recent times [10]. Plastic is frequently used and does not spoil; thus, it lasts longer in the environment after being thrown away. The buildup of waste plastic in the environment has an effect on nature as well as on the soil quality, the air quality, and the water quality [11]. This study makes an effort to evaluate the consequences of waste plastic on the environment and highlight how serious the problem is. The United Nations program for environment claims that "single-use plastics, such as plastic bottles, caps, cigarette butts, supermarket bags, lids, stirrers, straws, and food wrappers, are an indication of insufficient waste management systems and our attitude towards natural ecosystems [12]".

The chemicals associated with waste plastic (e.g., dioxins, lead, cadmium, phthalates, etc.) have harmful effects for both humans and wildlife [13]. In addition to worries about the effects of various chemicals and the reliance on limited resources for the production of plastic, current patterns of usage also contribute to global waste management difficulties [14]. Plastic remains are causing a wide range of problems, and monitoring their rate of change is crucial [15]. Therefore, this study could significantly contribute to the field of environmental economics and policymaking regarding the use and management of waste plastic. Asian countries are among those countries that are producing, consuming, and disposing of plastic, thus facing multiple environmental challenges.

By considering environmental concerns and managing waste plastic, cumulative efforts are required by individuals, organizations, and governments [16]. It is time to take actions regarding the protection of the environment and the prevention of waste plastic and save our future generations from the harmful effects of waste plastic and environmental degradation. The findings of this study provide valuable insights into the impact of waste plastic and help in making decisions regarding public awareness to address the said issues. By studying the impacts of plastic waste, authorities can work towards minimizing our plastic consumption, promoting recycling and reuse, and preventing further harm to the environment.

The motivation behind conducting research on waste plastic and environmental degradation comes from an urgent need to address the concerns raised by pollution and ecological issues that eventually affect society and human health. As plastic waste is increasing at an alarming rate, particularly in landfills and oceans, it is needed to understand its subsequent impact on environmental challenges. Understanding the said nexus is also important for devising effective strategies and policy implications. Therefore, the main purpose of this

study is to explore the said nexus. Moreover, awareness among potential stakeholders, innovative solutions to mitigate environmental challenges, and mutual global collaborations are required to manage plastic waste and its environmental consequences.

The structure of this study is as follows: Section 2 debates the philosophy of the study. In Section 3, methodology, variable measurement, and empirical models are presented. Section 4 documents the empirical analysis and discussion. Lastly, the conclusion, policy implications, limitations, and future research directions are discussed in Section 5 of this paper.

# The Philosophy of the Study

Millions of plastic products are bought and sold every minute worldwide [17], and this number is predicted to rise even more in the coming years, causing an environmental problem that could have an impact on global climate change [18]. Due to their inability to control plastic pollution, natural eco-systems are at risk due to plastic waste, and they also adversely influence eco-system facilities and lifestyles, particularly within the shoreline of developing economies [19]. People living in the said countries are more vulnerable to natural disasters and climatic phenomena. Therefore, activities to demand robust surroundings with less plastic exposure and pollution are necessary for the development of the economy, society, and environment [20].

Some recent literature has highlighted the role of waste plastic in environmental degradation. For example, Redko et al. [21] evaluated the environmental and health concerns associated with disposing of waste plastic in municipal waste landfills (MWL). The findings suggested that disposing of waste plastic using the MWL approach contributes to severe environmental pollution and risks to human health. Similarly, by using the life cycle cost analysis (LCCA) approach, Hao, et al. [22] investigated the economic and environmental implications of recycling waste plastic. The results testified that recycling waste plastic can contribute positively to reducing environmental pollution. Additionally, more effective use of waste plastic can result in economic benefits. Moreover, in a study to evaluate biodegradation, Aguiar, et al. [23] analyzed the consequences of waste plastic. The findings propose that managing waste plastic has a significant effect on the environment and biodegradation.

In an evaluation of waste management systems, Afshar, et al. [24] examined the impact of waste plastic on the open environment. The findings support the narrative that an efficient waste management system is not only vital for reducing biodegradation but also for an open environment as well. Furthermore, in a study on India, Chowdhury, et al. [25] reviewed the trends regarding managing waste plastic and its subsequent impact on the sustainable environment. The assessment

has also discussed the governmental policies on managing plastic waste, their subsequent challenges, and their future scope. Pandey, et al. [26] also investigated the role of plastic and its waste in creating pollution and environmental concerns. The review provided policymakers with knowledge to develop efficient techniques and approaches to minimize the global challenges raised by plastic pollution and its subsequent ecological concerns.

In a critical review by Tiwari, et al. [27] on the future perspective of recycling waste plastic and its favorable impact on ecology, Using multiple indicators for recycling waste plastic, the authors proposed the bright side of recycling for the environment. Correspondingly, in a study to explore the environmental consequences of waste plastics, Idris, et al. [28] proposed the use of biodegradable polymers as an alternative to plastic. The said biodegradable materials have the capacity to replace conventional plastics and have a favorable impact on the environment.

The detrimental effects of pollution caused by waste plastic and opportunities to generate income could lead to new challenges [29]. For enhancing or developing livelihoods, there must be international trade between rich and poor nations for plastic trash as well as a market for informal waste treatment [30, 31]. Our capacity for disposing of waste in landfills is limited, and in some locations, landfills are at or are rapidly approaching capacity. This phenomenon has been highlighted by Barnes, et al. [32]. The disposal of plastic waste in open lands and oceans could have negative ecological effects. Plastic waste can contaminate the environment for hundreds of years and emit microplastics and hazardous compounds that can be harmful to ecosystems and wildlife.

The recent decade has witnessed an intensive increase in the production of plastic [33, 34]. This extensive production of plastic has ultimately resulted in higher waste [35]. Unfortunately, only a very limited amount of waste plastic is further recycled, and the majority of nonrecycled waste plastic is disposed of in an inappropriate manner, thus raising multiple environmental concerns [36, 37]. Such an inappropriate disposal took hundreds of years to decompose. The said assumptions are clarified in the studies of Jambeck, et al. [38].

There is a direct relationship between the production of plastic and its waste, i.e., as the production of plastic increases, the waste plastic is also resultantly increased [39]. Such phenomena were empirically tested by Geyer, et al. [40]. Furthermore, waste plastic production is influenced by the plastic recycling rate, including the accessibility and efficiency of recycling infrastructure [41, 42]. Much of the plastic trash produced in countries with insufficient recycling facilities ends up in landfills and burners [43]. Such an inappropriate ending subsequently has negative consequences for the environment. Borrelle, et al. [44] found similar findings in their study on waste plastic and pollution.

Another important aspect that has an impact on the environment via waste plastic is the consumption of plastic [45, 46]. Straws, plastic bags, and water bottles are just a few examples of single-use plastic that greatly increase the amount of plastic trash and subsequently harm the environment [3]. Jambeck, et al. [38] observed the same concern in 192 coastal countries and found that the majority of waste plastic on coasts came from single-use plastics.

Plastic is a significant hazardous contaminant in the current era. It is comprised of toxic chemicals and is particularly concerning due to its non-biodegradable features, leading to pollution of the earth, air, and water [13, 47]. This pollution affects the environment, humans, and animals through the food chain. Plastic garbage cannot be disposed of safely, and the production, use, and disposal processes all have a negative impact on the environment [48]. Waring, et al. [49] examined similar challenges in the cases of public health and the environment.

Waste plastic also has detrimental environmental effects at the expense of dangerous synthetic compounds during its production [4, 50]. These chemicals, which are frequently used in or left over from the manufacture of plastic, comprise a variety of neurotoxic, carcinogenic, and hormone-disrupting substances [51]. They unavoidably pollute our ecosystem through the land, water, and air. The same viewpoint was adopted by Evode, et al. [4] in their study on waste management strategies for environmental sustainability.

Mismanagement of plastic trash has an impact on land ecosystems [52]. It is also important to understand how waste is managed and disposed of. Inappropriate disposal of waste plastic, such as burning and dumping, subsequently creates drastic implications, e.g., carbon dioxide emissions, environmental degradation, and climate change [53, 54]. One of the recent studies by Kumar, et al. [52] also testified to the said narrative in the context of the circular economy model. By following the supportive literature and aforementioned discussion, we can hypothesize that:

Hypothesis: Waste plastic has an adverse environmental influence.

#### Methodology

## Sample and Data Sources

To analyze the impact of waste plastic on environmental degradation, we have selected a sample of eight (8) Asian countries, i.e., Bangladesh, India, Indonesia, Iran, Japan, Malaysia, Pakistan, and the Philippines. There are multiple reasons for choosing Asia as a sample. Firstly, Asian countries have witnessed enormous economic growth in the past decade [55]. Such economic growth comes from industrialization and massive production, which eventually enhance plastic production and consumption [56]. Higher production

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and consumption of plastic lead to intensive waste. Secondly, most Asian countries have a very limited infrastructure regarding waste management and recycling; therefore, these countries faced extreme environmental challenges caused by mismanaged and nonrecycled waste plastic [57].

We collect empirical data from World Development Indicators (WDI) developed by the World Bank during the period from 2011 to 2020. The WDI database has a rich source of numerical data on a range of topics such as economy, culture, education, environment, pollution, etc. Policymakers, practitioners, and researchers from various domains used WDI datasets for their respective purposes [58]. This database is updated on a regular basis and accessed openly and freely using the World Bank's data catalog.

## Variables Measurement

The dependent variable of this study is environmental degradation. Previous studies used multiple proxies to quantify environmental degradation, e.g., Bartram and Ballance [59] used water pollution, Pauly, et al. [60] identified overfishing, Pimm, et al. [61] highlighted habitat destruction, Tilman, et al. [62] classified biodiversity loss, Bai, et al. [63] emphasized soil degradation, and Lelieveld, et al. [64] identified air pollution. However, contrary to the said studies, we use two proxies for environmental degradation. The first proxy is climate change, measured by the emission of greenhouse gases (GHGs), including carbon emissions. The second proxy is deforestation, measured as the loss of forested land.

We use waste plastic as an independent variable in this study. The recent literature has witnessed multiple ways to estimate waste plastic, i.e., Kawecki and Nowack [65] used plastic production and consumption, and Lieto, et al. [66] identified total organic carbon. But we incorporate two diverse indicators for waste plastic, i.e., plastic waste pollution level and plastic waste recycling rates.

In this study, two various types of control variables are used, i.e., industrialization and urbanization. Both of these indicators have an impact on environmental degradation. Traditional industrial setups require a high amount of petrochemicals, which eventually leads to higher environmental challenges. Similarly, the development of urban populations increases the demand for transportation and production, which consequently creates environmental concerns.

#### Estimation Techniques and Empirical Modeling

Based on the nature of the dataset and the construction of variables, we incorporate regression estimation techniques to explore the nexus between waste plastic and environmental degradation. Moreover, we developed the below-mentioned empirical model, which explains the relationship between

dependent, independent, and control variables at time t and country k.

Environmental Degradation<sub>tk</sub> =  $\beta_0 + \beta_1 Waste Plastic_{tk}$ 

$$+\sum_{j=1}^{02} \beta_j \ Controls_{tk} + e_{tk}$$
 (1)

Climate Change<sub>tk</sub> =  $\beta_0 + \beta_1$ Waste Plastic (Pollution)<sub>tk</sub>

$$+\sum_{\substack{j=1\\02}}^{2}\beta_{j} Controls_{tk} + e_{tk}$$

$$\tag{1.1}$$

Climate Change<sub>tk</sub> =  $\beta_0 + \beta_1$ Waste Plastic (Recycling)<sub>tk</sub>

$$+\sum_{j=1}^{n}\beta_{j} Controls_{tk} + e_{tk}$$

$$\tag{1.2}$$

 $Deforestation_{tk} = \beta_0 + \beta_1 Waste \ Plastic \ (Pollution)_{tk}$ 

$$+\sum_{j=1}^{02} \beta_j Controls_{tk} + e_{tk}$$
(1.3)

 $Deforestation_{tk} = \beta_0 + \beta_1 Waste Plastic (Recycling)_{tk}$ 

$$+\sum_{j=1}^{02} \beta_j Controls_{tk} + e_{tk}$$

$$\tag{1.4}$$

# **Empirical Analysis**

We empirically investigate the impact of waste plastic on environmental degradation by using macrolevel indicators. The descriptive statistics of the data utilized to demonstrate the aforementioned link are shown in Table 1. The total number of observations, their mean value, standard deviation, and lowest and maximum values are all included in the table of descriptive statistics.

As a diagnostic tool, we use correlation analysis to dig into the data to find any probability of a collinearity issue. According to the values given in Table 2, our statistical data is free from collinearity concerns.

We use regression estimates to quantify the impact of waste plastic on environmental degradation. Table 3 presents the results by using climate change as a proxy for environmental degradation, plastic waste pollution level, and recycling rates as proxies for waste plastic. As per reported findings, the pollution level of waste plastic has a negative impact on climate change. Moreover, the recycling rate of waste plastic has positive consequences for climate change. These results support our hypothesis and align with the previous literature, i.e., pollution caused by waste plastic enhances carbon emissions

Table 1. Descriptive Analysis.

| Variables                     | Obs. | Mean  | Std. Dev. | Min   | Max   |
|-------------------------------|------|-------|-----------|-------|-------|
| Climate change                | 80   | 32.64 | 22.97     | 4.09  | 72.88 |
| Deforestation                 | 80   | 30.93 | 22.68     | 4.83  | 68.48 |
| Plastic waste pollution level | 80   | 2.43  | 2.29      | 0.17  | 8.23  |
| Plastic waste recycling rates | 80   | 15.40 | 12.83     | 0.21  | 35.02 |
| Industrialization             | 80   | 84.36 | 17.24     | 48.09 | 100   |
| Urbanization                  | 80   | 37.24 | 26.18     | 13.05 | 100   |

Table 2. Correlation Matrix.

|   | A       | В       | С      | D       | Е       | F      |
|---|---------|---------|--------|---------|---------|--------|
| A | 1.0000  |         |        |         |         |        |
| В | -0.4892 | 1.0000  |        |         |         |        |
| С | 0.1765  | 0.4834  | 1.0000 |         |         |        |
| D | 0.1128  | -0.4756 | 0.1516 | 1.0000  |         |        |
| Е | -0.0343 | -0.2084 | 0.5524 | -0.0594 | 1.0000  |        |
| F | -0.3269 | 0.6235  | 0.7156 | -0.2084 | -0.7125 | 1.0000 |

 $A = Climate\ Change,\ B = Deforestation,\ C = Plastic\ Waste\ Pollution\ Level,\ D = Plastic\ Waste\ Recycling\ Rates,\ E = Industrialization,\ F = Urbanization$ 

Table 3. Regressions.

|                                 | Regression Estima         | tes         |             |
|---------------------------------|---------------------------|-------------|-------------|
|                                 | Unit of Observation –     | Panel       |             |
|                                 | Dependent Variable – Clim | ate Change  |             |
| Independent Variabl             | es                        | Model – 1.1 | Model – 1.2 |
| W Di (D-11 I I)                 | Coefficient               | 7.9923      |             |
| Waste Plastic (Pollution Level) | T – Stats                 | (7.33)***   |             |
| W ( D) ( (D) (E D) (            | Coefficient               |             | -0.1404     |
| Waste Plastic (Recycling Rate)  | T – Stats                 |             | (-2.74)**   |
|                                 | Control Variable          | S           |             |
| Industrialization               | Coefficient               | 0.6311      | 0.7631      |
| industrialization               | T – Stats                 | (4.36)***   | (3.89)***   |
|                                 | Coefficient               | 1.0851      | 0.6611      |
| Urbanization                    | T – Stats                 | (9.54)***   | (4.99)***   |
|                                 | Model Summer              | 7           |             |
| Number of Observati             | ons                       | 80          | 80          |
| F – Stats                       |                           | 32.46       | 8.77        |
| Prob. > F – Stats               |                           | 0.0000      | 0.0000      |
| R – Square                      |                           | 0.5617      | 0.2572      |
| Adjusted R – Squar              | re                        | 0.5444      | 0.2279      |

 $<sup>*</sup>p{<}0.1,\, **p{<}0.05,\, ***p{<}0.01$ 

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Table 4. Regressions.

|                                 | Regression Estima        | tes         |             |
|---------------------------------|--------------------------|-------------|-------------|
|                                 | Unit of Observation –    | Panel       |             |
|                                 | Dependent Variable – Def | orestation  |             |
| Independent Variab              | les                      | Model – 1.3 | Model – 1.4 |
| Waste Plastic (Pollution Level) | Coefficient              | 1.1725      |             |
|                                 | T – Stats                | (2.03)**    |             |
| W. N. C. (D. H. D.)             | Coefficient              |             | -0.5006     |
| Waste Plastic (Recycling Rate)  | T – Stats                |             | (-3.51)***  |
|                                 | Control Variables        | 3           |             |
| T 1 (11 (1                      | Coefficient              | 0.6438      | 0.4730      |
| Industrialization               | T – Stats                | (4.25)***   | (3.20)**    |
|                                 | Coefficient              | 0.7684      | 0.7109      |
| Urbanization -                  | T – Stats                | (6.46)***   | (7.16)***   |
|                                 | Model Summery            |             |             |
| Number of Observations          |                          | 80          | 80          |
| F – Stats                       |                          | 26.22       | 33.78       |
| Prob. > F - Stats               |                          | 0.0000      | 0.0000      |
| R – Square                      |                          | 0.5086      | 0.5715      |
| Adjusted R – Square             |                          | 0.4893      | 0.5546      |

<sup>\*</sup>p<0.1, \*\*p<0.05, \*\*\*p<0.01

and thus adversely influences the environment. Such a negative impact can only be offset by implementing a recycling infrastructure for waste plastic.

To robustly check the findings presented in Table 3, we change our proxy for environmental degradation from climate change to deforestation. By using the said proxy, our findings remain the same (shown in Table 4). According to the reported results (Table 4), waste plastic pollution has a negative impact on forestation. Furthermore, the rate of waste plastic recycling has a positive relationship with forestation. These findings demonstrate that waste plastic pollution has negative effects on forestation. Similarly, a higher recycling rate of waste plastic provides a prospect for strengthening forestation.

#### Discussion

Waste plastics have harmful impacts that are becoming obvious and greatly contribute to environmental deterioration [67]. The toxicity of plastics is an issue in nature on a broad scale, from the level of a single plastic to the extent of plastics used without understanding their potential harm [68]. This study has demonstrated that waste plastics can have catastrophic

impacts on the land, water, and air of the natural environment, as well as on animals and human health. We must act fast to address the alarming volumes of plastic garbage that have accumulated in our oceans and landfills.

The results of this study emphasize how crucial it is for corporations, governments, and citizens to take charge of trash management and embrace ecologically friendly practices. It is crucial to employ strategies like recycling, minimizing plastic use, and properly disposing of waste in order to lessen the detrimental effects of plastics on the environment. Both the long-term use of chemicals in consumer goods like thermal receipts and products that come into contact with food, drink, or children are not recommended. When it comes to reducing the use of plastic that is not necessary, each business must take responsibility for its own actions. In addition, it is crucial to deepen training and notice the natural effects of plastic waste and the demand for an overall activity to address it.

Plastic waste has a significant and far-reaching environmental impact, and immediate action is required to address this issue [69]. The recycling of waste material, particularly plastic, is extremely important because of its dangerous consequences for the environment, nature, and human health [70]. By adopting rational practices and doing whatever

it takes to reduce plastic waste, we can work towards a cleaner, better, and more sustainable future for our planet.

#### **Conclusions**

This study contributes to the existing knowledge and literature on environmental economics and waste management by exploring the impact of waste plastic on environmental degradation. This study is in need of time as we are producing and consuming plastic in a very large quantity. Moreover, we are also facing health and environmental challenges, particularly those raised by using synthetic materials like plastic. Therefore, it is utmost important to examine the role of waste plastic in the environment, and this study attempted to fill the existing gap by doing so.

To testify to the hypothesis of the study, we collect country-level macroeconomic data from World Development Indicators (WDI) by the World Bank. The sample of the study consists of eight (8) Asian countries because of their significance towards the production and consumption of plastic and its environmental consequences. The time frame of the study is 2011-2020. The empirical data is analyzed by using various diagnostic and regression tools. The final results are in line with the previous literature and hypothesis of the study, i.e., pollution caused by waste plastic significantly harms the environment, and a higher recycling rate significantly improves the environment.

The policy implications of this study underline the need to take immediate steps regarding the production, consumption, and management of plastic. Effective policies should be made to regulate the production of plastic, promote its sustainable alternatives, and encourage its recycling practices. Moreover, it is also important to formulate and implement a wellfunctioning waste management system that discourages the usage of plastic and motivates the reuse and recycling of its waste. These policies and strategies are not only vital for environmental betterment but also for achieving sustainable economic growth. By moving towards a circular economy model that decreases waste and increases resource efficiency, policymakers can protect the environment, preserve resources, and create economic opportunities.

Although this study has significant policy implications, there are some limitations as well. Firstly, this study focuses on the countries of the Asian region, which may limit the generalizability of the results to other geographical regions with potentially different socioeconomic and environmental backgrounds. Secondly, this study revolves around plastic waste and its impact on environmental degradation; however, there are some other factors (e.g., transportation, industrialization, petrochemicals, etc.) that could play a significant role in pollution and environmental degradation. Future studies in the fields of waste management and environmental economics can consider other regions and cross-regional analyses. Moreover, future researchers can also include other environmental hazards to analyze their impact.

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#### **Conflict of Interest**

The authors declare no conflict of interest.

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